**At Dogsthorpe Infant School, we believe pupils should be able to live happy, healthy, and fulfilling lives. PSHE enables them to acquire and develop the skills to be able to identify and recognise emotions, self-regulate and form positive relationships. They can develop the knowledge to make informed decisions.**

**PSHE**

**SUBJECT ON A PAGE**

**Intent – We aim to…**

Equip children with the knowledge, understanding and emotions to be able to play and positive and successful role in today’s diverse society.

Teach children to understand how they are developing personally and socially and to better understand the feelings of others.

Teach children to be mentally healthy, independent, and responsible members of society.

Equip children with a sound understanding of risk, with the knowledge and skills necessary to make safe and informed choices.

Ensure children are aware of their rights and responsibilities in society to prepare them for the wider world.

**Implementation – How do we achieve our aims?**

Organisation

Key areas of PSHE will be taught in blocks each half term and include Families and People who care for me, Caring Friendships, Respectful Relationships, Online Relationships and Being Safe. Topics such as Healthy Lifestyles and Working Together are also included. In addition, teachers may plan additional lessons to meet the needs of individuals as they arise.

**Wider curriculum and/or**

**home learning**

PSHE is closely linked to our whole school Shine Values. We promote healthy living by ensuring children in our schools eat healthily and have opportunities to be active during the day.

**Resources**

PSHE lessons are mainly structured using Circle Time by Jenny Mosely. Books including a diverse range of characters reflecting modern society are used as well as suitable online resources when appropriate.

**Impact – What will we see?**

Children confidently talk about their learning and show an understanding that our world is diverse. They use language to describe emotions and they interact appropriately in social situations. They understand that mental health is as important as physical health and talk about how to be mentally healthy. They make healthy choices in their friendships, the exercise they engage in and the food that they eat. Our pupils can talk about potential risks to their safety when online and in social situations and suggest ways to mitigate these. Children demonstrate responsibility in their behaviour and engagement with others. They begin to understand that there are consequences for their actions and use this understanding to adapt their behaviour in a positive way.